

All I Know

Choreographed by Roy Verdonk, (NL) & Sebastiaan Holtland, (NL). June 2016

Description: 32 count, 4 wall, High Improver level

Music: Who You Lovin` - Conrad Sewell (EP: All I Know 2016). (iTunes & other mp3 sites) (approx 3.52 mins).

Introduction: 16 counts, start on approx 08 sec.

KICK RIGHT FORWARD, REPLACE, SIDE, SAILOR STEP RIGHT, CROSS, 1/4 TURN LEFT, BACK, BACK, BACK DIP, REPLACE

- 1&2 Kick R forward, Step R back in place, Step L to L.
- 3&4 Step R behind L, Step L to L, Step R to R.
- 5&6 Step L across R, Making 1/4 turn L (9) step R back, Step L back.
- 7-8 Step R slightly back and dip your body down, coming up ending with weight onto L.

STEP, LOCK, STEP RIGHT, 1/4 TURN LEFT, STEP, LOCK, STEP LEFT, 1/2 PIVOT TURN LEFT, 1/4 TURN LEFT WITH HITCH / HIP BUMP 2X

- 1&2 Step R forward, Lock L behind R, Step R forward.
- 3&4 Making 1/4 turn L (6) step L forward, Lock R behind L, Step L forward.
- 5-6 Step R forward, Pivot turn 1/2 L over L (12) take weight onto L.
- 7-8 Hitch R knee lifting R hip up twice tuning 1/8 L (2X) (7-8) (9:00) weight onto L.

SLIDE, TOUCH, KNEE POPS RIGHT, LEFT, RIGHT, SIDE ROCK / RECOVER WITH 1/4 TURN LEFT, STEP, LOCK, STEP RIGHT

- 1-2 Step R big to R slide on R, Touch L next to R.
- 3& Step L in place and pop R knee forward, Step R in place and pop L knee forward
- 4 Step L in place and pop R knee forward.

(NB : Restart here in WALL 9 after 20 counts, after start again (facing 9 o`clock)

- 5-6 Step R to R, Making 1/4 turn L (6) recover back onto L.
- 7&8 Step R forward, Lock L behind R, Step R forward.

2X 1/4 PADDLE TURN RIGHT WITH HIP MOVEMENTS, CROSS, SIDE, 1/4 SAILOR TURN LEFT

- 1-4 Step L Forward, make 1/4 turn R (weight ends on R) , Step L Forward, make 1/4 turn R.

(1-4 weight ends on R) (push hips to left when doing paddle turns) (12.00)

- 5-6 Cross L in front of R, Step R right
- 7&8 Make 1/4 turn left crossing L behind R (9), Step R right, Step L left

(Ending: don't do the last 1/4 turn left with the last Sailor step in the last wall and finish at 12.00 !!)

REPEAT DANCE AND HAVE FUN!!

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